



Faith Family News

May 2024

1611 41st Street
Moline, Illinois 61265

Cinco de Mayo



Here is some more information about Cinco de Mayo, provided by our friends from Iglesia Cristiana. We hope everyone can join us on Sunday, May 5 for the Cinco de Mayo luncheon!

Americans often incorrectly think that Cinco de Mayo celebrates Mexico's Independence Day. That day is actually September 16, and it recognizes Mexico's War of Independence from Spain on September 16, 1810. Cinco de Mayo, translated "Fifth of May" in English, celebrates the Mexican Army's victory over the French Army at the Battle of Puebla on May 5, 1862. The defeat near Puebla City, Mexico, raised the spirits of the Mexican Army since they were able to defeat a much larger and better equipped French Army while slowing their march to Mexico City. In Mexico, this victory is now mainly celebrated in the state of Puebla although other areas of Mexico do celebrate as well. Celebrations typically include parades and festivals.

Recognition of the holiday spread throughout the U.S. in the 1950s and 1960s. By the 1980s, advertisers popularized Cinco de

Mayo as a reason to celebrate. Many people take this day to enjoy Mexican culture, food and music in America. Cinco de Mayo is especially popular in parts of the U.S. with large Mexican-American populations such as: Los Angeles, Chicago, Houston, New York, Cleveland, Boston, Indianapolis, Raleigh, Dallas, San Antonio, Washington, D.C., Atlanta, Miami, Orlando, Denver, St. Paul, Phoenix, Philadelphia, Tucson, San Francisco, San Jose and San Diego.

Popular Ways to Celebrate Cinco de Mayo

Cinco de Mayo has become more commercialized in the United States, Mexico. It isn't a federal holiday in the U.S. like it is in Mexico. Many Americans see Cinco de Mayo as mainly a drinking holiday with popular drinks including tequila and margaritas, but it is more than that. For many Mexican-Americans, it is a time to celebrate their traditions, culture and community. Across the country, Cinco de Mayo celebrations include Mexican music, traditional dances along with Mexican food and decorations including the Mexican flag.

In cities highly populated by Mexican-Americans, there are bigger celebrations including parades, festivals, carnivals and concerts. Although Cinco de Mayo is most popular in Mexico and the U.S., other places around the world have joined in on the holiday celebrations including: Canada, the Cayman Islands, Jamaica, Australia, England, New Zealand, South Africa, Nigeria, France and Japan.

Submitted by Pastor Maria Martinez



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Special Congregational Meeting—Ordination and Call



The Church Council of Faith Lutheran Church has scheduled a brief Special Congregation Meeting for Sunday, May 19th at 9:45 a.m. between the two morning worship services.

The purpose of this meeting is to vote on the Ordination and Call of two members of faith: Bev Hansen and Emma Claire Ra-soarivonjy. A quorum of 30 voting members is required for this ballot vote. There will be time for information sharing and questions. We urge you to attend this important meeting. A written email notification and additional pulpit announcements will reach all members of Faith in the next two weeks.

S.T.A.R.S. May Luncheon



Wayne Smith will be here to present on his recent trip to Egypt! It's not just about the pyramids! Come hear more!

MEAL: 11:30 | **PROGRAM:** 12:15 |
COST: FREE will offering

NURSE'S CORNER

May is Stroke Awareness Month



There are two types of stroke. An ischemic stroke occurs when blood clots or other particles (plaque) block the blood vessels to the brain. The second type, hemorrhagic stroke, occurs when a blood

vessel bursts in the brain. Blood accumulates and compresses the surrounding brain tissue. In addition, you may have heard of a TIA. A TIA is a "Transient Ischemic Attack" sometimes called a mini-stroke, where there is a temporary blockage of blood flow to a part of the brain. These can be considered warning signs that a stroke could happen.

What are the symptoms of stroke?

Major signs of stroke include—Sudden numbness or weakness of the face, arm, or leg, sudden confusion or trouble speaking or understanding others, sudden trouble seeing in one or both eyes, sudden dizziness, trouble walking, or loss

of balance or coordination, sudden severe headache with no known cause.

What should you do if you think someone is having a stroke?

call 9-1-1 immediately!! Getting fast medical treatment lowers your risk of disability or even death. That's why it's important to recognize the symptoms—and to get help right away.

What are the risk factors for stroke?

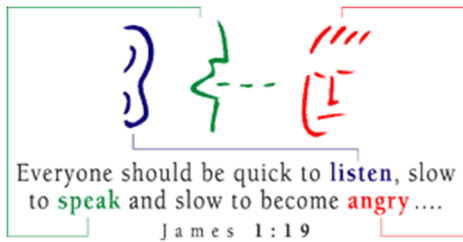
Several conditions and certain lifestyle choices can put people at higher risk for stroke. The most important risk factors are—High blood pressure, heart disease, diabetes, cigarette smoking and history of a prior stroke.

What can you do to reduce your risk?

Eat a healthy diet, maintain a healthy weight, be physically active, don't smoke, limit alcohol use, prevent or treat high cholesterol, prevent or treat high blood pressure, prevent or treat diabetes.

Christian Education Corner—Sticks & Stones

By Brad Smith
Christian Education Director



The saying "sticks and stones may break my bones, but words won't hurt me" is not always true. Sometimes I think I would rather have the broken bones; they heal faster than what people say. This reminds me of my favorite Bible verse "do unto others, what you want done to you." Matthew 7:12

If you're spending time with the Lord and still struggling to keep control of your tongue, there are a few things you can concentrate on to transform your words from hurtful to helpful.

People are not very nice in their words sometimes. People may say I don't wear the right clothes. My glasses don't look right. I'm too fat or too skinny. Our words do hurt, especially when it comes from the ones you love and respect. It can cut deep in our feelings.

As Christians, we need to build people up, not tear them down. When you see someone at church not wearing what you think are the right clothes, who cares? They are here at church—that is what matters. This building should be a safe place, away from judgmental people.

Look up these verses and write down the technique you find for controlling your tongue.

James 1:19

Psalms 34:13

Proverbs 15: 1

Sunday School Celebration!

Field Day & End of Sunday School Celebration

Sunday, May 19 | 10-11:45 AM

Pre-K to Youth/Teens

Games, snacks, prizes, goodie bags for kids and youth! Please bring canned food items for our can drive.



UPCOMING EVENTS

Sat, May 4

- Craft & Vendor Fair, 9 am—2 pm

Sun, May 5

- Cinco de Mayo Luncheon with Iglesia Cristiana, 12 pm

Mon, May 6

- Hands Only CPR Class, 6:30 pm

Thu, May 9

- TLC Graduation

Sun, May 12

- Mother's Day
- Communion Sunday

Tue, May 14

- S.T.A.R.S. Luncheon, 11:30 am

Sat, May 18

- Faith Family Movie Night, 4 pm

Sun, May 19

- Pentecost Sunday
- Special Congregational Meeting, 9:45 am
- Sunday School Celebration, 10-11:45 am

Sun, May 26

- Communion Sunday
- Pastor Trisha's Birthday!

Mon, May 27

- Office Closed—Memorial Day

Fri, May 31

- Faith Scholarship Applications due to church office



MAY

Birthdays

May 4	Nancy Gabriel	May 20	Jerry Miller
May 7	Alanna Forari	May 21	Laura Peterson
May 8	Tiffany Crews	May 23	Lloyd Tenney
May 14	Pastor Mark Gehrke	May 25	Karolyn Bebensee
	Kurt Jagers	May 26	Pastor Trisha Rounds-Smith
May 15	Brantley VanTheemsche		Joyce Smith
May 16	Pat Hall	May 29	Levi Znaniecki
	Ryker Hoyt	May 30	Noah Foley
	Dorothy Schneider	May 31	Linda Noppe
May 17	Logan Smith		
May 18	Brad Smith		

Anniversaries

May 7	Harry & Debbie Barlow	May 21	Richard & Sandy Perry
May 11	Mark & Siri Carius		Todd & Krista Rittenhouse
May 17	Kent & Kathy Breecher	May 24	LaVern & Debby Ferguson
May 20	Bob & Peggy Bartels		

May Serving/Giving Opportunities



This month the Mission Team would like to highlight the needs of the Youth Hope Food Pantry. This pantry provides food and hygiene items to those in need within our community. Donations can be placed on the Giving Tree in the Fellowship area beginning May 1st.

Here is a list of how you can help support the Youth Hope Food Pantry with the following donations: non-perishable food items, hygiene products, cash donations to purchase food from Riverbend Food Bank (make check payable to Faith Lutheran Church and put Youth Hope Food Pantry in memo line), volunteer to pick up food from Riverbend and other donations, help organize and stock the

shelves, serve at the Youth Hope Food Pantry on Mondays and/or Fridays, and help make up food baskets to be distributed at Thanksgiving and Christmas.

The Youth Hope Food Pantry cannot operate without the help of volunteers and donations. A list of items needed will be placed on the Giving Tree beginning May 1st. Please consider giving of your time and/or resources to help others in our community. Youth Hope is located at 3928-12th Avenue, Moline. You can reach them directly at 309.762.4577.

Please contact Linda Cothron for more information.

*Jim Case
Faithful in Mission Team*

Faith Family Movie Night



Faith will be hosting a movie night beginning with a potluck at 4:00 pm on Saturday, May 18 then two movies, *The Pistol* and *Grace Card*. Please plan to join us downstairs in the Fellowship Hall!

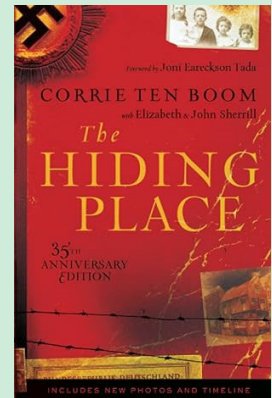
PRAYER LIST

MEMBER SHUT-INS

Thelma Egeberg
Judie Emmert
Dorance Johnson
Candy Smith

MILITARY

Brady Barlow
Drew Bogen
Jeff Burchfield
Cat Henry
Doug Hoff
Ray Rogers



May Book of the Month

"Corrie ten Boom was a Dutch watchmaker who became a heroine of the Resistance, a survivor of Hitler's concentration camps, and one of the most remarkable evangelists of the twentieth century. In World War II she and her family risked their lives to help Jews and underground workers escape from the Nazis, and for their work they were tested in the infamous Nazi death camps. Only Corrie among her family survived to tell the story of how faith ultimately triumphs over evil. Here is the riveting account of how Corrie and her family were able to save many of God's chosen people.

The book club will meet Sat, May 18 at 10:00 am.

JESUS WENT THROUGH IT TOO

READING PLAN



WEEK 5

SATURDAY	MATTHEW 17:1-18
MONDAY	MATTHEW 17:1-13
TUESDAY	MATTHEW 17:14-27
WEDNESDAY	MATTHEW 18:1-14
THURSDAY	MATTHEW 18:15-20
FRIDAY	MATTHEW 18:21-35

MAY

WEEK 1

SATURDAY	MATTHEW 10-12
MONDAY	MATTHEW 10:1-23
TUESDAY	MATTHEW 10:24-42
WEDNESDAY	MATTHEW 11:1-19
THURSDAY	MATTHEW 11:20-30
FRIDAY	MATTHEW 12:1-14

WEEK 2

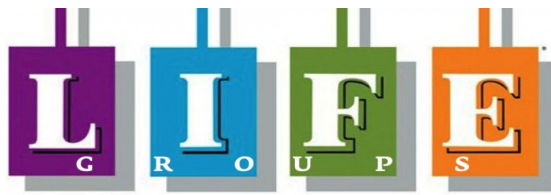
SATURDAY	MATTHEW 12-13
MONDAY	MATTHEW 12:15-37
TUESDAY	MATTHEW 12:38-50
WEDNESDAY	MATTHEW 13:1-15
THURSDAY	MATTHEW 13:16-23
FRIDAY	MATTHEW 13:24-32

WEEK 3

SATURDAY	MATTHEW 13-14
MONDAY	MATTHEW 13:33-43
TUESDAY	MATTHEW 13:44-58
WEDNESDAY	MATTHEW 14:1-12
THURSDAY	MATTHEW 14:13-21
FRIDAY	MATTHEW 14:22-36

WEEK 4

SATURDAY	MATTHEW 15-16
MONDAY	MATTHEW 15:1-20
TUESDAY	MATTHEW 15:21-28
WEDNESDAY	MATTHEW 15:29-39
THURSDAY	MATTHEW 16:1-13
FRIDAY	MATTHEW 16:13-28



Please check with instructor on when/if class is meeting.

MEN'S FELLOWSHIP · SATURDAY 8:45 AM

Men's Fellowship meets Saturdays in the Smart Room at Faith & goes out for breakfast on the 2nd Saturday of each month. This is a group you will look forward to every week. All are invited. Contact the church office for more info.

WOMEN'S GROUP · SATURDAY 8:45 AM

Join Linda Cothron as they enjoy coffee and Bible study each Saturday morning at Faith. One Saturday they meet out for breakfast. Contact Linda at (309) 738-9425. All are welcome to attend.

BOOK CLUB · LAST SATURDAY OF THE MONTH

This group reads the book of the month and meets to discuss the book. Books can be purchased on the church bookstore. Questions? Contact Peggy Bartels at (309) 737-5286.

THE LAZARUS CONNECTION · MONDAY 5:30 PM

This VDC Men's Reunion Group meets every Monday evening from 5:30 to 6:30 pm at the church. This casual group is for men who want to stay connected and accountable on their weekly walk with Christ. For more information contact Jim Case at (309) 798-4176 or jcase1277@gmail.com.

SWEET HOUR OF PRAYER · MONDAY 5:00 PM

Come pray with our prayer warriors as they confidentially pray for members, our community, and our leaders each week. All are welcome. Have a request for prayer? You can contact Beth George at (563)209-2083 or by leaving a prayer request in the heart shaped pray box.

FAITHFUL QUILTERS · TUESDAY 9:00 AM

This group meets each Tuesday morning at 9:00 am for several hours to work on quilting and crafting. Contact Sandy Perry at (309) 762-6563.

MEN'S GROUP · THURSDAY 6:30 PM

Cool Dudes coffee group is meeting on Thursday evenings at 6:30 pm. Contact Todd Rittenhouse at (309) 721-2006 to join in. All are welcome to attend.

WOMEN'S CONNECTION · DAILY ON FACEBOOK

The greatest of these is love! Join us for a daily devotion! Visit our Facebook page at Faith Lutheran Church and press the "join" button or feel free to call Barb at (309) 738-4228.

SUNDAY MORNING LIFE GROUP · SUNDAY 9:40 AM

Join this Life Group in the smart room for a weekly Bible study. Join the group anytime. Books are available for purchase in the church bookstore. Contact the church office for more info.

Faith Lutheran Church
1611 41st Street
Moline, Illinois 61265

Phone: (309) 762-2824
Fax: (309) 762-6567

www.faithlcmc.org
office@faithlcmc.org

Sunday Services
8:30 am
10:45 am
9:40 am Sunday School
(5th Sunday is one service at 10:00 am)

PLEASE
PLACE
STAMP
HERE